

National CC Relays 25th October 2008 - Young Female Results

	Stage 1		Stage 2		Stage 3	
1 Dundee Hawkhill "A"	Rosanna Stewart (U13)	3	Louisa Stewart (U15)	2	Sarah Kelly (U17)	1
	11:52	11:52	22:48	10:56	33:23	10:35
2 Central AC "A"	Kathryn Gillespie (U13)	1	Rachel Adamson (U15)	1	Rosie Hastings (U17)	2
	11:23	11:23	22:38	11:15	34:38	12:00
3 Giffnock North "A"	Selena Jackson (U13)	6	Madeline Murray (U15)	4	Catriona Lockie (U17)	3
	12:07	12:07	23:42	11:35	34:41	10:59
4 Edinburgh AC "A"	Alexandra Hunter (U13)	2	Rachael Dunn (U15)	3	Laura Goodson (U17)	4
	11:44	11:44	23:12	11:28	34:57	11:45
5 V P Glasgow "A"	Georgia Callander (U13)	5	Deborah Hannah (U15)	8	Rhian Dawes (U17)	5
	12:04	12:04	24:11	12:07	35:24	11:13
6 Fife AC "A"	Shona Doig (U13)	16	Halina Rees (U15)	5	Fiona Bracegirdle (U17)	6
	12:40	12:40	23:55	11:15	35:26	11:31
7 Dundee Hawkhill "B"	Kirsty M Reynolds (U13)	24	Iona Brodie (U15)	11	Emily Stewart (U17)	7
	12:54	12:54	24:20	11:26	35:29	11:09
8 Giffnock North "B"	Holly Miller (U13)	13	Stephanie Fairfield (U15)	10	Claire McAuley (U17)	8
	12:33	12:33	24:20	11:47	35:44	11:24
9 Pitreavie AAC "A"	Katey Turner (U13)	8	Micaela Brown (U15)	14	Kathryn Pennel (U15)	9
	12:14	12:14	24:42	12:28	36:07	11:25
10 Shettleston Harriers "A"	Jemma McQuillan (U13)	4	Stella Winters (U15)	7	Shannon McLellan (U15)	10
	12:01	12:01	24:07	12:06	36:13	12:06
11 Ayr Seaforth "A"	Emma Vallely (U13)	20	Sarah Cassells (U15)	6	Stephanie Dougan (U17)	11
	12:47	12:47	24:06	11:19	36:40	12:34
12 Edinburgh AC "B"	Anna Hyde (U13)	11	Olivia Mackenzie (U15)	9	Samantha Blair (U17)	12
	12:24	12:24	24:13	11:49	36:46	12:33
13 Shettleston Harriers "B"	Myrtle Breckenridge (U13)	7	Sarah Winters (U15)	12	Amanda Monaghan (U15)	13
	12:10	12:10	24:22	12:12	36:49	12:27
14 Giffnock North "C"	Chloe Cowan (U13)	10	Olivia Keenan (U15)	13	Frances Lowrie (U15)	14
	12:20	12:20	24:26	12:06	36:54	12:28
15 Ron Hill Cambus "A"	Rebecca Bonomi (U13)	17	Lucy Deeny (U15)	18	Mairi Brown (U15)	15
	12:40	12:40	25:03	12:23	37:09	12:06
16 Edinburgh AC "C"	Emily Strathdee (U13)	14	Caitlin Gray (U15)	16	Claire Florence (U17)	16
	12:34	12:34	24:47	12:13	37:10	12:23
17 Law & District "A"	Nadene Traynor (U13)	25	Julie Dobbin (U15)	27	Nicola Lindsay (U17)	17
	12:56	12:56	25:45	12:49	37:12	11:27
18 Falkirk Victoria H "B"	Jessica Stevenson (U13)	29	Sarah Hamilton (U15)	21	Caitlin Thomson (U15)	18
	13:01	13:01	25:22	12:21	37:42	12:20
19 Inverclyde AC "A"	Amy Meechan (U13)	43	Emma Meechan (U15)	30	Emma Rice (U17)	19
	13:30	13:30	26:02	12:32	37:42	11:40
20 V P Glasgow "D"	Eliza Chiswell (U13)	22	Melanie Chiswell (U13)	24	Michaela Stephen (U17)	20
	12:52	12:52	25:38	12:46	37:46	12:08
21 V P Glasgow "B"	Rachel Dick (U13)	26	Amy MacLellan (U15)	35	Hollie Young (U17)	21
	12:56	12:56	26:23	13:27	37:47	11:24
22 Central AC "B"	Emily Greenan (U13)	28	Imogen Burnell (U15)	26	Catriona Buchanan (U17)	22
	12:58	12:58	25:42	12:44	37:49	12:07
23 Kilbarchan AAC "A"	Gwen Gillham (U13)	19	Kate Gillies (U15)	17	Deborah Henderson (U17)	23
	12:43	12:43	24:51	12:08	37:58	13:07
24 Kilmarnock H "A"	Fern Wales (U13)	33	Amanda Humes (U15)	19	Sarah McNish (U17)	24
	13:10	13:10	25:05	11:55	38:06	13:01
25 Banchory Stone "A"	Kelsey Stewart (U13)	41	Kathryn Christie (U15)	34	Rhona Auckland (U17)	25
	13:25	13:25	26:22	12:57	38:10	11:48
26 Shettleston Harriers "C"	Kerri Haran (U13)	21	Helen Pawelczyk (U15)	22	Danielle McConway (U15)	26
	12:52	12:52	25:33	12:41	38:15	12:42
27 East Kilbride AAC "B"	Caitlin Hackett (U13)	12	Rhona Calder (U15)	25	Fiona Borthwick (U17)	27
	12:26	12:26	25:42	13:16	38:17	12:35
28 Giffnock North "D"	Monica Lowrie (U13)	38	Petrena Marshall (U15)	33	Nikki Manson (U15)	28
	13:18	13:18	26:21	13:03	38:30	12:09
29 Falkirk Victoria H "A"	Julie Nimmo (U13)	9	Lucy Mitchell (U15)	15	Abby Kemp (U15)	29
	12:16	12:16	24:44	12:28	38:33	13:49
30 V P Glasgow "C"	Iona Wilson (U13)	50	Tatania Quick (U15)	40	Sarah Potter (U17)	30
	13:38	13:38	26:44	13:06	38:36	11:52
31 Gala Harriers "A"	Kerry Sandilands (U13)	47	Charlotte Brown (U15)	32	Hannah Jones (U13)	31
	13:38	13:38	26:12	12:34	38:40	12:28
32 East Kilbride AAC "A"	Megan Stewart (U13)	27	Jacqueline Fergusson (U15)	41	Deborah Stokoe (U17)	32
	12:58	12:58	26:44	13:46	38:48	12:04
33 Inverclyde AC "B"	Chloe Simpson (U13)	52	Lisa MacDonald (U15)	44	Nynke Mullholland (U17)	33
	13:43	13:43	26:56	13:13	38:48	11:52
34 Glasgow Sch Sport "A"	Jaye McRoberts (U13)	30	Sarah Hodge (U15)	23	Samantha Kelly (U17)	34
	13:05	13:05	25:36	12:31	38:58	13:22

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35 Greenock Glenpark "A"	Meighan McDade (U13)	18	Shannon Kangley (U13)	36	Emily Pollock (U17)	35
	12:43	12:43	26:28	13:45	39:01	12:33
36 Inverclyde AC "C"	Evie Semple (U13)	42	Natalie O'Neill (U15)	43	Deborah Moore (U17)	36
	13:28	13:28	26:50	13:22	39:15	12:25
37 Central AC "C"	Lisa Hardman (U13)	49	Kirsty Buchanan (U15)	31	Julie Cook (U15)	37
	13:38	13:38	26:11	12:33	39:27	13:16
38 Central AC "D"	Tara Walls (U13)	36	Stacey Hardman (U15)	38	Shona Buchanan (U15)	38
	13:18	13:18	26:39	13:21	39:58	13:19
39 Kilmarnock H "B"	Lorne Kerr (U13)	40	Eve Kerr (U15)	29	Lois Shankland (U17)	39
	13:21	13:21	25:57	12:36	40:22	14:25
40 Lothian RC "A"	Marie McLaughlin (U13)	35	Lauren Arbuckle (U13)	51	Rachael McIlwraith (U17)	40
	13:13	13:13	28:05	14:52	40:25	12:20
41 Aberdeen AAC "A"	Becky Cheyne (U13)	66	Kate Murdoch (U15)	60	Ellie Buchan (U17)	41
	16:34	16:34	28:52	12:18	40:28	11:36
42 Central AC "E"	Farren Parkins (U13)	45	Molly Tweedle (U15)	42	Amy Hendry (U15)	42
	13:38	13:38	26:46	13:08	40:32	13:46
43 Perth Strathtay "A"	Iona Tavendale (U13)	23	Emily Tait (U15)	48	Shoni Tavendale (U17)	43
	12:54	12:54	27:43	14:49	40:40	12:57
44 Fife AC "B"	Stephanie Pennycook (U13)	65	Grace Collison-Owen (U15)	53	Olivia Collison-Owen (U15)	44
	15:22	15:22	28:11	12:49	40:45	12:34
45 Shettleston Harriers "D"	Nicola Mackay (U13)	32	Hannah Heggarty (U13)	46	Rachel Elliot (U15)	45
	13:08	13:08	27:12	14:04	40:48	13:36
46 Kilbarchan AAC "B"	Laura McEwan (U13)	39	Emma Haddock (U15)	37	Charlotte Walker (U17)	46
	13:18	13:18	26:34	13:16	41:06	14:32
47 Pitreavie AAC "B"	Amy McAlpine (U13)	56	Naomi Fox (U15)	45	Megan Kirk (U15)	47
	14:17	14:17	27:02	12:45	41:12	14:10
48 East Kilbride AAC "C"	Olivia Steven (U13)	46	Rachael Thomson (U15)	49	Lauren McKelvie (U17)	48
	13:38	13:38	27:52	14:14	41:22	13:30
49 Larkhall YMCA "A"	Katie Ord (U13)	37	Kim Creechan (U15)	52	Lauren Holden (U15)	49
	13:18	13:18	28:10	14:52	42:22	14:12
50 Inverclyde AC "D"	Holly Stinson (U13)	60	Gemma Campbell (U13)	61	Rachael Bushfield (U17)	50
	14:26	14:26	28:55	14:29	42:38	13:43
51 Kilmarnock H "C"	Jacalyn Dunlop (U13)	61	Stephanie Sloan (U15)	55	Mia Tait (U17)	51
	14:28	14:28	28:17	13:49	43:04	14:47
52 Clydesdale Harriers "A"	Chloe Wright (U13)	51	Kirstie Kelly (U15)	59	Diane Nicholson (U15)	52
	13:38	13:38	28:46	15:08	43:16	14:30
53 East Kilbride AAC "D"	Kathryn Johnson (U13)	48	Julia Calder (U15)	62	Hayley Frier (U17)	53
	13:38	13:38	29:15	15:37	43:36	14:21
54 Ayr Seaforth "B"	Emma Johnston (U13)	64	Nicola Dunn (U15)	63	Lauren Goldie (U15)	54
	15:21	15:21	29:44	14:23	43:56	14:12
55 Teviotdale Harriers "A"	Catherine Mercer (U13)	15	Louise Mercer (U13)	20	Elidh Inglis (U15)	55
	12:38	12:38	25:13	12:35	44:15	19:02
56 Central AC "F"	Roanna Fraser (U13)	54	Cairy McNeil (U15)	58	Heather Smillie (U15)	56
	14:05	14:05	28:44	14:39	44:37	15:53
57 Kirkintilloch Oly "B"	Rebecca Allan (U13)	62	Emma Canning (U13)	64	Lauren McIntyre (U17)	57
	14:28	14:28	30:31	16:03	45:34	15:03
58 Larkhall YMCA "B"	Pamela Creechan (U13)	68	Evelyn Bryce (U15)	65	Sarah Archibald (U17)	58
	16:54	16:54	31:16	14:22	46:24	15:08
59 Greenock Glenpark "B"	Louisa Davis (U13)	67	Eillidh Hamill (U15)	66	Carly Dalglish (U15)	59
	16:54	16:54	32:02	15:08	48:00	15:58
Edinburgh AC "D"	Hannah Cameron (U13)	34	Blair Wood (U15)	28		
	13:11	13:11	25:52	12:41		
Giffnock North "E"	Frances Lonergan (U13)	44	April Miller (U15)	39		
	13:38	13:38	26:44	13:06		
Falkirk Victoria H "D"	Katherine Mitchell (U13)	31	Jane Ainslie (U15)	47		
	13:06	13:06	27:27	14:21		
Falkirk Victoria H "C"	Helen Ainslie (U13)	53	Amy Manson (U15)	50		
	14:01	14:01	27:58	13:57		
Inverclyde AC "E"	Laura Thomson (U13)	63	Hannah McIntyre (U15)	54		
	14:56	14:56	28:15	13:19		
Shettleston Harriers "F"	Lisa Walker (U13)	59	Kirsty Bennett (U15)	56		
	14:24	14:24	28:35	14:11		
Shettleston Harriers "E"	Claudia Eusebi (U13)	55	Sarah Elliot (U15)	57		
	14:15	14:15	28:44	14:29		
Kilbarchan AAC "C"	Catherine McLean (U13)	57				
	14:20	14:20				
Pitreavie AAC "C"	Sara Eydmann (U13)	58				
	14:20	14:20				

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	Stage 1		Stage 2		Stage 3	
1 Giffnock North "A"	Douglas Britton (U13)	5	Grant Muir (U15)	1	Miles Hollinshead (U17)	1
	11:02	11:02	20:57	9:55	30:32	9:35
2 Kilbarchan AAC "A"	Christopher McStay (U13)	4	Calum MacLeod (U15)	6	Callum Hawkins (U17)	2
	10:54	10:54	21:41	10:47	30:51	9:10
3 V P Glasgow "A"	Lewis Boyle (U13)	7	Max Aitchison (U15)	2	Stuart Ross (U17)	3
	11:05	11:05	21:03	9:58	30:57	9:54
4 Ron Hill Cambus "A"	Ryan Thomson (U13)	6	Michael Rankin (U15)	3	Jack Hamilton (U17)	4
	11:03	11:03	21:11	10:08	31:06	9:55
5 Giffnock North "B"	Rob Gourley (U13)	12	Max Lott (U15)	5	Matthew Ritchie (U17)	5
	11:13	11:13	21:31	10:18	31:25	9:54
6 Kilbarchan AAC "B"	Euan Gillham (U13)	9	Russell Mountford (U15)	8	Stephen Fleming (U17)	6
	11:12	11:12	21:54	10:42	31:46	9:52
7 Edinburgh AC "A"	Jake Kerr (U13)	1	Peter Cameron (U15)	14	Andrew Crichton (U17)	7
	10:33	10:33	22:04	11:31	31:47	9:43
8 Central AC "A"	Alexander Semple (U13)	33	Tom Watson (U15)	10	Scott Green (U17)	8
	11:52	11:52	21:58	10:06	31:51	9:53
9 Corstorphine AAC "A"	Matthew Galloway (U13)	18	Christopher Galloway (U15)	16	Fraser Scott (U17)	9
	11:30	11:30	22:31	11:01	31:54	9:23
10 Shettleston Harriers "A"	Callum Drummond (U13)	11	Nicholas Devlin (U15)	12	Andrew Dearie (U17)	10
	11:13	11:13	22:00	10:47	31:54	9:54
11 Dundee Hawkhill "A"	Murray Angus (U13)	31	Michael Overend (U15)	7	Reuben Toy (U17)	11
	11:51	11:51	21:50	9:59	32:07	10:17
12 Law & District "A"	Rory McLaughlan (U13)	16	Craig Wellcoat (U15)	4	Jonathan Velu (U17)	12
	11:25	11:25	21:19	9:54	32:18	10:59
13 Inverclyde AC "A"	Jack Rice (U13)	8	Rory Kelham (U15)	9	Andrew Campbell (U17)	13
	11:07	11:07	21:54	10:47	32:25	10:31
14 Giffnock North "C"	Calum Firth (U13)	25	Jack Walker (U15)	11	David Cairns (U17)	14
	11:37	11:37	22:00	10:23	32:31	10:31
15 Shettleston Harriers "B"	Marcus Gault (U13)	23	Patrick O'Donnell (U15)	28	Lachlan Oates (U17)	15
	11:36	11:36	23:12	11:36	32:42	9:30
16 Fife AC "A"	Euan Berry (U13)	24	Ryan McIntosh (U15)	15	Mark S Buchan (U17)	16
	11:37	11:37	22:12	10:35	33:01	10:49
17 Kilbarchan AAC "D"	Callum Matthews (U13)	36	Ross Heggie (U15)	21	Graham Evans (U17)	17
	12:00	12:00	22:50	10:50	33:02	10:12
18 Ayr Seaforth "A"	Shaun Rennie (U13)	49	Finlay Rae (U15)	17	Andrew Rae (U17)	18
	12:39	12:39	22:36	9:57	33:12	10:36
19 Kirkintilloch Oly "A"	Gavin Alexander (U13)	2	Scott Lawrie (U15)	13	Craig McIntyre (U17)	19
	10:40	10:40	22:02	11:22	33:17	11:15
20 Giffnock North "E"	Anthony Small (U13)	38	Neil Gourley (U15)	25	Alistair McCallum (U17)	20
	12:05	12:05	23:02	10:57	33:24	10:22
21 East Kilbride AAC "A"	James Pearson (U13)	17	Ross McGill (U15)	23	Adam Gatens (U17)	21
	11:25	11:25	22:58	11:33	33:28	10:30
22 Central AC "B"	Nathan Betton (U13)	39	Ross Milne (U15)	19	Christopher Clarke (U17)	22
	12:06	12:06	22:42	10:36	33:31	10:49
23 Kilbarchan AAC "E"	Gregor Wylie (U13)	26	Matt Wild (U15)	27	Thomas McDonald (U17)	23
	11:42	11:42	23:08	11:26	33:33	10:25
24 Inverclyde AC "B"	Jonathan Glen (U13)	10	Michael Houston (U15)	18	Paul Currie (U17)	24
	11:13	11:13	22:38	11:25	33:44	11:06
25 Kilmarnock H "A"	Fergus Morris (U13)	20	Cameron Mackie (U15)	22	Dylan chester (U17)	25
	11:34	11:34	22:55	11:21	33:51	10:56
26 Kilbarchan AAC "C"	Nicholas Love (U13)	35	Craig Haxton (U15)	33	Andrew McAlpine (U17)	26
	11:55	11:55	23:36	11:41	33:52	10:16
27 V P Glasgow "C"	Fraser Barbour (U13)	14	Paul MacFarlane (U15)	26	#N/A	27
	11:16	11:16	23:02	11:46	33:58	10:56
28 Edinburgh AC "B"	Gregor Burns (U13)	13	Matthew Grundy (U15)	24	Ben Smith (U17)	28
	11:15	11:15	23:01	11:46	33:58	10:57

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29 Giffnock North "F"	Darren Martin (U13)	51	Jonathan Tweedie (U15)	32	Greg Turner (U17)	29
	12:48	12:48	23:28	10:40	34:02	10:34
30 V P Glasgow "B"	Liam Shaun Turner (U13)	30	Craig Young (U15)	29	Miro Ralston (U15)	30
	11:49	11:49	23:14	11:25	34:03	10:49
31 Aberdeen AAC "A"	Alec I Young (U13)	21	Craig Wallace (U15)	20	Ryan Gauld (U17)	31
	11:34	11:34	22:48	11:14	34:05	11:17
32 Edinburgh AC "C"	Jack Harrison (U13)	15	Ruaridh Miller (U15)	37	Fraser Mann (U17)	32
	11:25	11:25	23:58	12:33	34:12	10:14
33 Dundee Hawkhill "C"	Harry Ogilvie (U13)	53	Shaun Dempsey (U15)	40	Howell Craske (U17)	33
	12:55	12:55	24:03	11:08	34:28	10:25
34 Giffnock North "D"	Patrick Lonergan (U13)	62	Sandy Nimmo (U15)	36	Luke Traynor (U17)	34
	13:42	13:42	23:56	10:14	34:33	10:37
35 Shettleston Harriers "C"	Murray McGiven (U13)	40	Liam Grogan (U15)	42	Gary McBride (U17)	35
	12:07	12:07	24:24	12:17	34:35	10:11
36 Falkirk Victoria H "A"	Craig Mitchell (U13)	48	Ben Stevenson (U15)	34	Darren Weir (U17)	36
	12:39	12:39	23:45	11:06	34:42	10:57
37 Dundee Hawkhill "B"	Harrison Peterkin (U13)	66	Jamie Crowe (U15)	47	Steven Lyall (U17)	37
	14:07	14:07	24:35	10:28	34:45	10:10
38 Edinburgh AC "D"	Michael Cameron (U13)	28	Ciaran Turton (U15)	30	Callum Wilson (U17)	38
	11:47	11:47	23:24	11:37	34:47	11:23
39 Lasswade AAC "A"	Jamie Cousin (U13)	55	Ryan Cook (U15)	52	Ross Mathieson (U17)	39
	13:04	13:04	25:01	11:57	34:48	9:47
40 Ron Hill Cambus "C"	David Robertson (U13)	32	Stuart Roe (U15)	45	Stewart Orr (U17)	40
	11:52	11:52	24:31	12:39	34:48	10:17
41 East Kilbride AAC "C"	Cameron Scott (U13)	27	Scott Hernon (U15)	31	Paul Brooks (U17)	41
	11:46	11:46	23:27	11:41	35:14	11:47
42 East Kilbride AAC "B"	Duncan Coull (U13)	37	Ross MacFarlane (U15)	38	Andrew Shaw (U17)	42
	12:02	12:02	24:00	11:58	35:19	11:19
43 Kirkintilloch Oly "B"	Kieran Pugh (U13)	45	Christopher Allan (U15)	39	Callum Heirs (U15)	43
	12:22	12:22	24:01	11:39	35:25	11:24
44 Pitreavie AAC "A"	Ben Potrykus (U13)	3	Scott McAlpine (U15)	35	Craig Robinson (U17)	44
	10:45	10:45	23:53	13:08	35:40	11:47
45 Ron Hill Cambus "B"	Ross Stephen (U13)	19	Michael Miller (U15)	41	Andrew Coulter (U17)	45
	11:34	11:34	24:09	12:35	35:43	11:34
46 Falkirk Victoria H "B"	Fraser Baird (U13)	59	Mark Govan (U15)	53	Euan Martin (U17)	46
	13:27	13:27	25:05	11:38	35:43	10:38
47 Ayr Seaforth "B"	Ben Steven (U13)	57	David Carter (U15)	48	Thomas Andrews (U17)	47
	13:13	13:13	24:37	11:24	35:43	11:06
48 Central AC "C"	Philip Wright (U13)	58	Roddy Irvine (U15)	54	David Hutchison (U17)	48
	13:21	13:21	25:05	11:44	35:51	10:46
49 Kilmarnock H "B"	Andrew Jones (U13)	34	Roy Shankland (U15)	43	Gregor Devoy (U17)	49
	11:55	11:55	24:25	12:30	36:00	11:35
50 Law & District "B"	Calum Lindsay (U13)	54	Daniel Grieve (U15)	51	Ross MacDonald (U17)	50
	13:03	13:03	24:56	11:53	36:00	11:04
51 Greenock Glenpark "A"	Michael Grant (U13)	44	Michael Isaac (U13)	44	Gerard Smith (U15)	51
	12:20	12:20	24:28	12:08	36:48	12:20
52 Perth Strathtay "B"	Duncan Tait (U13)	47	Alex Jardine (U15)	56	Craig Ritchie (U17)	52
	12:36	12:36	25:31	12:55	37:15	11:44
53 Calderglen H "A"	Ian Rae (Jnr) (U13)	64	Kris Stewart (U15)	64	Ewan Murray (U15)	53
	13:48	13:48	26:48	13:00	37:39	10:51
54 Perth Strathtay "A"	Michael Gillespie (U13)	63	Alex Jardine (U15)	59	Craig Ritchie (U17)	54
	13:46	13:46	26:08	12:22	37:50	11:42
55 Teviotdale Harriers "A"	Matthew Mallin (U13)	72	Josh Noble (U15)	61	Mark McEewan (U17)	55
	15:08	15:08	26:28	11:20	38:04	11:36
56 Ayr Seaforth "C"	Joshua Andrews (U13)	71	Adam Paul Steven (U15)	63	Jonathan Dunn (U17)	56
	14:56	14:56	26:47	11:51	38:22	11:35
57 Law & District "C"	Luke Foss (U13)	67	Stewart Hall (U15)	60	Douglas Frame (U17)	57
	14:29	14:29	26:20	11:51	38:22	12:02

National CC Relays 25th October 2008 - Young Male Results

58 Pitreavie AAC "B"	Aidan Thompson (U13)	29	Liam Young (U13)	49	Callum McQueen (U15)	58
	11:48	11:48	24:42	12:54	38:27	13:45
59 Clydesdale Harriers "A"	Connor Shields (U13)	68	Tony Dolan (U15)	66	Peter Bowman (U17)	59
	14:35	14:35	27:19	12:44	38:30	11:11
60 Central AC "D"	Michael McCabe (U13)	70	Logan Bonar (U15)	62	David MacKinlay (U17)	60
	14:47	14:47	26:32	11:45	38:31	11:59
61 Larkhall YMCA "A"	Adam Ryan (U13)	42	John Lees (U15)	58	Miller McIntosh (U15)	61
	12:14	12:14	26:07	13:53	38:41	12:34
62 Central AC "E"	Duncan Ross (U13)	56	Sam Fraser (U15)	57	Sandy MacLarty (U17)	62
	13:09	13:09	25:59	12:50	39:22	13:23
63 Corstorphine AAC "B"	Rory Henderson (U13)	69	Connor Johnston (U15)	67	Callum Smith (U15)	63
	14:42	14:42	27:59	13:17	39:51	11:52
64 Greenock Glenpark "B"	Cameron Black (U13)	52	Jack Harrington (U13)	65	Adam McCormick (U15)	64
	12:53	12:53	27:01	14:08	40:01	13:00
65 Clydesdale Harriers "B"	David Newton (U13)	76	Scott McDade (U15)	69	Mark Busby (U17)	65
	15:42	15:42	29:49	14:07	42:48	12:59
66 Kirkintilloch Oly "C"	Fraser Connal (U13)	73	Aidan Kane (U13)	70	Andrew McCormack (U15)	66
	15:11	15:11	29:50	14:39	43:14	13:24
Shettleston Harriers "D"	Ryan Flanagan (U13)	41	Calum Divers (U15)	46		
	12:09	12:09	24:34	12:25		
Fife AC "B"	James Pennycook (U13)	22	Logan Rees (U13)	50		
	11:34	11:34	24:55	13:21		
East Kilbride AAC "D"	Jack Kirwan (U13)	46	Ross MacDonald (U15)	55		
	12:24	12:24	25:20	12:56		
Edinburgh AC "E"	Calum Robertson (U13)	65	Amil Mair (U15)	68		
	13:54	13:54	29:46	15:52		
Kilbarchan AAC "F"	Rorie Tracey (U13)	43				
	12:20	12:20				
Inverclyde AC "D"	Joshua Houston (U13)	50				
	12:39	12:39				
Lasswade AAC "B"	Gareth Fleming (U13)	60				
	13:30	13:30				
Calderglen H "B"	David McMonagle (U13)	61				
	13:34	13:34				
Corstorphine AAC "C"	Daniel Johnston (U13)	74				
	15:13	15:13				

National CC Relays 25th October 2008 - Senior Female Results

	Stage 1		Stage 2		Stage 3	
1 Central AC "A"	Morag MacLarty	1	Fiona Thompson	1	Emma Waterhouse	1
	15:52	15:52	33:05	17:13	50:30	17:25
2 Kilbarchan AAC "A"	Leanne Hamilton	8	Elspeth Curran (J)	3	Kerry Lang	2
	17:40	17:40	34:50	17:10	52:57	18:07
3 Springburn Harriers "A"	Michelle Sandison	12	Clare Gemmell	7	Danielle Brown (J)	3
	17:55	17:55	36:05	18:10	53:00	16:55
4 Lothian RC "A"	Sarah Inglis (J)	6	Mhairi Inglis (J)	8	Edel Mooney	4
	17:26	17:26	36:10	18:44	53:00	16:50
5 Edinburgh AC "A"	Susan Ridley	4	Jennifer MacLean	2	Hayley Ovens	5
	17:18	17:18	34:47	17:29	53:05	18:18
6 V P Glasgow "A"	Josephine Moultrie (J)	2	Donna Finlayson	11	Nicola Hood (J)	6
	17:02	17:02	36:22	19:20	53:30	17:08
7 Kilbarchan AAC "B"	Hannah Waugh	14	Jessica Martin (J)	5	Natalie Sharp (J)	7
	18:05	18:05	35:50	17:45	54:18	18:28
8 Giffnock North "A"	Yvonne Hamilton	28	Sara Stevenson	9	Ruth Joss (J)	8
	19:39	19:39	36:14	16:35	54:25	18:11
9 Hunters Bog T "A"	Sula Young	10	Megan Wright	4	Eilis O'Neill	9
	17:43	17:43	35:16	17:33	54:35	19:19
10 Edinburgh Uni "A"	Hannah Edwards	9	Laura Sharp (J)	6	Briony Curtis	10
	17:42	17:42	35:56	18:14	55:17	19:21
11 Dundee Hawkhill "A"	Julia Orr	11	Kelly-Ann Speight	12	Laura Brown	11
	17:44	17:44	36:59	19:15	55:25	18:26
12 Central AC "B"	Alison Docherty	5	Jennifer Emsley	10	Sarah Wiseman	12
	17:24	17:24	36:16	18:52	55:49	19:33
13 Hunters Bog T "B"	Janice Smith	3	Rose Nicholson	15	Miranda Grant	13
	17:11	17:11	37:46	20:35	56:31	18:45
14 Kilbarchan AAC "C"	Louise Manson	16	Karen Yule	16	Christina Rankin (J)	14
	18:27	18:27	37:55	19:28	56:41	18:46
15 Fife AC "A"	Helen Sharpe	7	Sarah Legge	13	Lorna Sibbett	15
	17:35	17:35	37:24	19:49	57:08	19:44
16 Garscube H "A" (V)	Alison Winship	30	Kirsty Husband	17	Mairi Stanley	16
	19:55	19:55	38:07	18:12	57:33	19:26
17 Aberdeen AAC "A" (V)	Sonia Armitage	15	Laura Mahady	18	Rhona Buchan	17
	18:21	18:21	38:43	20:22	57:49	19:06
18 Edinburgh AC "B"	Karen Dobbie	29	Lianne Logan	19	Joanne Thom	18
	19:53	19:53	39:00	19:07	58:37	19:37
19 Bellahouston RR "A"	Emma Birnie	19	Jane Simpson	20	Claire Thompson	19
	18:49	18:49	39:36	20:47	58:40	19:04
20 Central AC "C" (V)	Jane Waterhouse	31	Fiona Kelsall	24	Hazel Dean	20
	19:59	19:59	40:14	20:15	58:41	18:27
21 Garscube H "B"	Marion Kelly	33	Carole Gilmour	21	Ailsa Currie	21
	20:11	20:11	39:50	19:39	1:00:34	20:44
22 Edinburgh Uni "B"	Heidi Nicholson (J)	38	Louise Crilly	29	Steph Davis	22
	20:28	20:28	40:44	20:16	1:00:47	20:03
23 Pitreavie AAC "A"	Siobhan Coleman (J)	13	Alison Whyte	14	Hazel Bradley	23
	17:59	17:59	37:40	19:41	1:01:05	23:25
24 Kirkintilloch Oly "A"	Julie Connelly (J)	20	Susan Addison	26	Ada Stewart	24
	18:54	18:54	40:20	21:26	1:01:27	21:07
25 Corstorphine AAC "A"	Gillian Carr	21	Megan Smith (J)	23	Jo Kirby	25
	19:06	19:06	40:09	21:03	1:01:34	21:25
26 Fife AC "B"	Sarah Cullen	25	Louise Provan	22	Sarah McHugh	26
	19:18	19:18	40:05	20:47	1:01:46	21:41
27 Helensburgh AAC "A" (V)	Michelle Hetherington	27	Janet Fellowes	40	Julia Henderson	27
	19:33	19:33	42:59	23:26	1:01:48	18:49
28 Corstorphine AAC "B" (V)	Beverley Christy	41	Susan Johnston	34	Pauline Kell	28
	20:45	20:45	41:57	21:12	1:03:04	21:07
29 Helensburgh AAC "B"	Claire Heasman	26	Emma Cummings	35	Mary Louise MacQuarrie	29
	19:24	19:24	42:07	22:43	1:03:10	21:03
30 Hunters Bog T "C"	Morag McCracken	39	Margaret Spalding	38	Jane Hart	30
	20:32	20:32	42:37	22:05	1:03:12	20:35
31 Bellahouston RR "B"	Jacqueline McGuire	43	Iona Robertson	39	Louise Tarbet	31
	20:55	20:55	42:41	21:46	1:03:15	20:34
32 Kilmarnock H "A" (V)	Lindsay McMahon	34	Paula Wilson	27	Elizabeth McDerment	32
	20:11	20:11	40:26	20:15	1:03:19	22:53

National CC Relays 25th October 2008 - Senior Female Results

33 Falkirk Victoria H "A"	Janette Stevenson	17	Elaine Thomson	36	Lorna Dewar	33
	18:46	18:46	42:30	23:44	1:04:18	21:48
34 Giffnock North "B" (V)	Sheila Lewis	45	Maureen McVey	31	Jacqueline Cowan	34
	20:58	20:58	41:42	20:44	1:04:27	22:45
35 Fife AC "C" (V)	Johanna Paananen	42	Dorothy McCracken	37	Margaret McLaren	35
	20:49	20:49	42:34	21:45	1:04:34	22:00
36 Calderglen H "A" (V)	Mary Goldsmith	53	Sandra Reid	44	Frances Maxwell	36
	22:19	22:19	44:11	21:52	1:04:41	20:30
37 Garscube H "C"	Heather McIntosh	37	Kathryn Ellis	42	Jill O'Neil	37
	20:20	20:20	43:46	23:26	1:04:43	20:57
38 Central AC "D"	Stephanie Loach	40	Kayleigh McGurk (J)	32	Gill Brett	38
	20:38	20:38	41:46	21:08	1:05:18	23:32
39 Motherwell AC "A"	Jessie Miller	56	Joanne Clark	48	Phyllis Hands	39
	23:31	23:31	45:55	22:24	1:07:03	21:08
40 Ferranti AAC "A"	Julia Drewer	52	Elizabeth Gilchrist	46	Claire Gilchrist	40
	22:04	22:04	45:33	23:29	1:07:19	21:46
41 Edinburgh Uni "C"	Catriona McCleery	47	Claire Jarvis	43	Kirsten Hogg	41
	21:13	21:13	44:00	22:47	1:07:43	23:43
42 Carnegie H "A"	Fabienne Thompson	23	Linda James	28	Sharron Gunn	42
	19:13	19:13	40:28	21:15	1:08:26	27:58
43 Springburn Harriers "B" (V)	Caroline Brownlie	44	Frances Florence	25	Lorraine Gray	43
	20:57	20:57	40:17	19:20	1:08:36	28:19
44 Kilbarchan AAC "D"	Lynsey Curran	35	Fiona McIntyre	33	Wanda Phillips	44
	20:12	20:12	41:48	21:36	1:09:04	27:16
45 Greenock Glenpark "A" (V)	Fiona Cushnaghan	58	Dorothy McCormick	51	Terry Wall	45
	24:39	24:39	49:30	24:51	1:09:43	20:13
46 Bellahouston H "A" (V)	Sharon Taylor	55	Erica Christie	41	Joanne Sharp	46
	23:25	23:25	43:32	20:07	1:09:56	26:24
47 Bellahouston RR "C"	Julia Harris	50	Clare Blue	50	Carla Deans	47
	21:50	21:50	46:34	24:44	1:10:17	23:43
48 Teviotdale Harriers "A" (V)	Donna Inglis	59	Sylvia Grieve	52	Pamela Paxton	48
	25:51	25:51	52:17	26:26	1:11:34	19:17
49 Kirkintilloch Oly "B"	Shirley MacNab	57	Ausrine Ward	49	Angela C Stewart	49
	23:38	23:38	46:09	22:31	1:11:57	25:48
Lothian RC "B" (V)	Helen Murray	32	Saran Jones	30		
	20:08	20:08	41:33	21:25		
Strathclyde Uni "A"	Maria Felice	51	Kirsty Hamilton	45		
	22:01	22:01	44:26	22:25		
Westerlands CCC "A"	Catriona Miller	36	Patricia McLaughlin	47		
	20:14	20:14	45:43	25:29		
Shettleston Harriers "A"	Chichi Guly	18				
	18:47	18:47				
Gala Harriers "A"	Rachel Fagan	22				
	19:12	19:12				
V P Glasgow "B"	Jacqueline Thomson	24				
	19:16	19:16				
Stonehaven Splash "A"	Amy Anderson (J)	46				
	21:12	21:12				
Inverclyde AC "A"	Sarah Kelly	48				
	21:15	21:15				
Clydesdale Harriers "A" (V)	Marina McCallum	49				
	21:37	21:37				
Pitreavie AAC "B"	Pam Gilfillan	54				
	22:36	22:36				
Kirkintilloch Oly "C"	Ros OSullivan	60				
	26:34	26:34				

Fastest Laps

1	Morag MacLarty - Central AC "A"	15:52
2	Sara Stevenson - Giffnock North "A"	16:35
3	Edel Mooney - Lothian RC "A"	16:50
4	Danielle Brown (J) - Springburn Harriers "A"	16:55
5	Josephine Moultrie (J) - V P Glasgow "A"	17:02
6	Nicola Hood (J) - V P Glasgow "A"	17:08
7	Elspeth Curran (J) - Kilbarchan AAC "A"	17:10
8	Janice Smith - Hunters Bog T "B"	17:11
9	Fiona Thompson - Central AC "A"	17:13
10	Susan Ridley - Edinburgh AC "A"	17:18

National CC Relays 25th October 2008 - Senior Male Results

	Stage 1		Stage 2		Stage 3		Stage 4	
1 Central AC "A"	Scott McDonald (J)	4	Ross Houston	2	Robert Russell	1	Alastair Hay	1
	14:28	14:28	29:21	14:53	43:51	14:30	57:55	14:04
2 Shettleston Harriers "A"	Tewoldeberhan Mengisteab	2	Tsegezab Woldemichael	1	Paul Sorrie	2	Amanuel Hagus	2
	14:08	14:08	29:19	15:11	43:58	14:39	58:12	14:14
3 Kilbarchan AAC "A"	Robert Quinn	6	Derek Hawkins (J)	3	Scott Hawkins (J)	3	Conor McNulty	3
	14:37	14:37	29:23	14:46	44:36	15:13	59:10	14:34
4 Inverclyde AC "A"	Christopher MacKay	1	Sean Gaffney (J)	9	Graeme Hyett	6	Craig Ruddy	4
	14:02	14:02	30:38	16:36	45:37	14:59	1:00:35	14:58
5 Ron Hill Cambus "A"	Robert Gilroy	8	Stephen Wylie	4	Joseph Kealey	5	Chris Wilson	5
	14:41	14:41	29:52	15:11	45:28	15:36	1:00:58	15:30
6 Central AC "B"	Sean Reilly (J)	12	Lewis Millar	8	Alexander Hendry (J)	4	Michael Wright	6
	15:01	15:01	30:27	15:26	45:26	14:59	1:01:36	16:10
7 Hunters Bog T "A"	Steven Cairns	9	Craig A McBurney	7	David Wright	8	Murray Strain	7
	14:46	14:46	30:19	15:33	46:50	16:31	1:02:02	15:12
8 Corstorphine AAC "A"	Douglas Selman	5	Tom Ferrington	5	Scott Pilkington	7	Bryan Clark	8
	14:33	14:33	30:05	15:32	45:58	15:53	1:02:07	16:09
9 Glasgow Uni "A"	Scott Mitchell	33	Andrew Douglas	13	Ross Fleming	14	Matthew Gillespie (J)	9
	16:28	16:28	31:32	15:04	48:15	16:43	1:03:15	15:00
10 Edinburgh AC "B"	S Wales	22	Ryan O'Hare	14	Adam Priestley	10	Matthew Bell	10
	15:50	15:50	31:40	15:50	47:24	15:44	1:03:18	15:54
11 Shettleston Harriers "B"	Tsegai Tewelde (J)	3	Adam Lee	10	Ruairidh Munro (J)	16	Kenneth McCoy	11
	14:25	14:25	30:52	16:27	48:26	17:34	1:04:07	15:41
12 Shettleston Harriers "D" (V)	Andy Little	14	Ian Johnston	12	William Coyle	12	Desmond Crowe	12
	15:10	15:10	31:19	16:09	47:43	16:24	1:04:28	16:45
13 Aberdeen AAC "A"	Mark Haskett (J)	11	Ross Fulton (J)	11	James Joy (J)	11	Rory Leslie (J)	13
	14:59	14:59	31:08	16:09	47:33	16:25	1:04:51	17:18
14 Edinburgh Uni "A"	Michael Gillespie (J)	7	Iain Clark	19	Ben Cole	13	Scott Wallace (J)	14
	14:40	14:40	32:03	17:23	48:03	16:00	1:04:59	16:56
15 Pitreavie AAC "A"	Craig Robertson	13	John Newsom	6	Jeff Farquhar	9	Neil Maclachlan	15
	15:07	15:07	30:13	15:06	47:16	17:03	1:05:37	18:21
16 Irvine AC "A"	Douglas Connery	36	Alex Allardyce	27	Pat Cullinalle	19	Jamie Findlay	16
	16:43	16:43	32:56	16:13	49:38	16:42	1:05:54	16:16
17 Bellahouston RR "A"	Alasdair McLeod	26	Craig Ross	25	Nick Reid	20	Marcos Sanz Gomez	17
	16:04	16:04	32:40	16:36	49:41	17:01	1:05:56	16:15
18 Falkirk Victoria H "A"	Alasdair Stewart	27	Michael McQuaid	20	Stephen Moore	17	Andrew Ronald	18
	16:06	16:06	32:16	16:10	48:42	16:26	1:06:13	17:31
19 Kilbarchan AAC "C" (V)	James Snodgrass	24	Thomas Hearle	17	John McMillan	15	Donald Petrie	19
	16:03	16:03	31:56	15:53	48:24	16:28	1:06:17	17:53
20 Kirkintilloch Oly "A"	David Gardiner	17	Kevin Cornes (J)	18	Edward McLoone	18	Colin McNair	20
	15:19	15:19	31:58	16:39	48:47	16:49	1:06:31	17:44
21 Law & District "A"	Jamie McMorrow	21	Gary Grieve (J)	32	James MacDonald	22	Mark Hand	21
	15:45	15:45	33:19	17:34	50:03	16:44	1:06:57	16:54
22 Central AC "C"	Robert Wiseman	20	Miguel Merayo	33	Will Hensman	28	Murray MacLarty	22
	15:38	15:38	33:33	17:55	50:43	17:10	1:07:02	16:19
23 East Kilbride AAC "A"	David Gorman (J)	53	Kenny McNamee	49	Jamie Clements (J)	36	Grant Baillie	23
	17:37	17:37	35:19	17:42	51:32	16:13	1:07:09	15:37
24 Dundee Hawkhill "A"	Graeme Oudney	30	Matthew White (J)	26	Antony Robinson	26	Kevin Murray	24
	16:21	16:21	32:47	16:26	50:33	17:46	1:07:23	16:50
25 Springburn Harriers "B" (V)	Douglas Douglas	32	John Bell	30	Jim Cooper	25	Robert Young	25
	16:24	16:24	33:01	16:37	50:27	17:26	1:07:59	17:32
26 Garscube H "A"	Marco Consani	34	Euan Mackay	38	Joe McKnight	39	Ben Melby	26
	16:34	16:34	34:04	17:30	51:53	17:49	1:08:08	16:15
27 Kilmarnock H "A"	Iain Connell	25	James Wales (J)	16	Connell Drummond	23	Scott Martin	27
	16:04	16:04	31:53	15:49	50:07	18:14	1:08:17	18:10
28 Carnegie H "A" (V)	Lewis Lawson	28	Ian Stewart	24	Alan Cockburn	24	Ian Johnston	28
	16:07	16:07	32:37	16:30	50:18	17:41	1:08:23	18:05
29 Ron Hill Cambus "B"	Ross Bark	31	Jasmair Pal	29	Gary Wallace	27	Andrew Steven	29
	16:22	16:22	33:01	16:39	50:40	17:39	1:08:27	17:47
30 Hunters Bog T "B"	Pete McClelland	69	Billy Minto	40	Rupert Nash	37	Philip Mowbray	30
	18:09	18:09	34:21	16:12	51:40	17:19	1:08:27	16:47
31 Edinburgh AC "C"	Neil Calder	19	Richard Hope	31	M Fraser	21	Cliff Young	31
	15:32	15:32	33:07	17:35	50:01	16:54	1:08:58	18:57
32 Clydesdale Harriers "A"	Prasad Prasad	18	James Austin	37	Gary Dick	34	Iain Robertson	32
	15:29	15:29	33:53	18:24	51:22	17:29	1:09:07	17:45
33 V P Glasgow "A"	Sean Fontana (J)	16	Derek Watson	15	Joseph Doyle	30	Gerard Craig	33
	15:13	15:13	31:47	16:34	50:51	19:04	1:09:15	18:24

National CC Relays 25th October 2008 - Senior Male Results

34 Fife AC "A" (V)	Bryce Aitken	48	David Anderson	43	Christopher Russell	35	Tom Scott	34
	17:29	17:29	34:45	17:16	51:24	16:39	1:09:20	17:56
35 Edinburgh AC "A" (V)	Adam Ward	35	Roger Alsop	23	Keith Lyall	44	Martin Ferguson	35
	16:38	16:38	32:35	15:57	52:44	20:09	1:09:26	16:42
36 Central AC "E" (V)	Alex Milne	43	David Armour	36	Ewan Jack	33	Robert Hutchison	36
	17:04	17:04	33:53	16:49	51:18	17:25	1:09:50	18:32
37 Lothian RC "A"	Robin Galloway	38	Robert Inglis (J)	22	Scott Nelson	31	Darren Thomson (J)	37
	16:47	16:47	32:33	15:46	51:14	18:41	1:10:02	18:48
38 Lasswade AAC "A"	Barney Phillips	15	Ross Finlayson	28	Richard Connor	38	Dean Philip	38
	15:13	15:13	33:01	17:48	51:40	18:39	1:10:02	18:22
39 Strathclyde Uni "A"	Darren Steel (J)	29	Iain Christie (J)	39	Lewis Donaldson (J)	51	Allan Ramsay (J)	39
	16:16	16:16	34:16	18:00	53:36	19:20	1:10:25	16:49
40 Corstorphine AAC "B"	Moray Anderson	47	Kris Berry	35	Christopher O'Brien	29	Alex Cumming	40
	17:27	17:27	33:43	16:16	50:49	17:06	1:11:07	20:18
41 Corstorphine AAC "C" (V)	Grant Wilkie	39	Dean Carr	52	Bruce Malcolm	56	Keith Hood	41
	16:56	16:56	35:35	18:39	54:31	18:56	1:11:09	16:38
42 Dundee Hawkhill "B" (V)	John Castle	52	Ged Keane	55	Charles Haskett	46	John Hepburn	42
	17:37	17:37	35:44	18:07	53:05	17:21	1:11:20	18:15
43 Bellahouston RR "B"	Andrew Birnie	44	Brian O'Donnell	46	Greig Glendinning	43	Raymond Farrell	43
	17:08	17:08	34:51	17:43	52:29	17:38	1:11:26	18:57
44 Ron Hill Cambus "C" (V)	Greg Hastie	23	Gerry Reid	34	Freddy Connor	41	William Haining	44
	15:52	15:52	33:33	17:41	52:23	18:50	1:11:28	19:05
45 Irvine AC "B" (V)	Ian Berryman	50	Colin Miller	41	James Sneddon	48	Brian Craig	45
	17:34	17:34	34:29	16:55	53:31	19:02	1:12:02	18:31
46 Aberdeen AAC "B"	Colin Russell	55	Neil Manson	53	Frank Boyne	42	Graham Stubbins	46
	17:43	17:43	35:40	17:57	52:24	16:44	1:12:02	19:38
47 Giffnock North "A"	Neil Deerey	42	Derek Breen	51	Julian Rose	40	Hugh Gallagher	47
	17:01	17:01	35:33	18:32	52:05	16:32	1:12:08	20:03
48 Kirkintilloch Oly "B" (V)	Alistair Allan	46	Adrian Dow	47	William McFadden	50	Robert Rogerson	48
	17:13	17:13	35:12	17:59	53:34	18:22	1:12:15	18:41
49 Edinburgh Uni "B"	George Ashley	57	Huw Jones	48	Ryan Cox (J)	52	Will Hugh Bailey	49
	17:45	17:45	35:14	17:29	53:57	18:43	1:12:33	18:36
50 Calderglen H "A" (V)	Scot Hill	61	Jamie McMonagle	64	Edward Reid	59	Alan Derrick	50
	17:51	17:51	36:39	18:48	55:05	18:26	1:12:34	17:29
51 Fife AC "B"	Matthew MacPherson	40	Gary Pirie	45	Roger Rees	47	Steven Shanks	51
	16:58	16:58	34:48	17:50	53:25	18:37	1:12:59	19:34
52 Inverclyde AC "B"	Neil McLaughlin	54	Thomas Jamieson	42	Robert Shaw	49	Robert Gray	52
	17:40	17:40	34:32	16:52	53:31	18:59	1:13:03	19:32
53 Gala Harriers "A"	Derrick Brydon	82	Graeme Murdoch	44	Graham Pogson	58	Gregor McAneny	53
	18:45	18:45	34:47	16:02	54:40	19:53	1:13:23	18:43
54 Pitreavie AAC "B"	Archibald Duncan	74	Barry Davie	56	Graeme Crane	54	Sean McQueen	54
	18:18	18:18	35:48	17:30	54:23	18:35	1:13:31	19:08
55 Teviotdale Harriers "A" (V)	Craig Grieve	37	David Cavers	21	Alan Inglis	32	Alan Coltman	55
	16:45	16:45	32:29	15:44	51:16	18:47	1:13:56	22:40
56 Stonehaven Splash "A"	George Reid	90	John Robson	74	John Steel	64	Barry Copeland	56
	19:26	19:26	38:03	18:37	56:04	18:01	1:14:13	18:09
57 Shettleston Harriers "C"	John Duffy	60	William Breckenridge	73	Greg Pawelczyk	65	James Burns	57
	17:51	17:51	38:02	20:11	56:09	18:07	1:14:16	18:07
58 Kilbarchan AAC "D" (V)	John Kynaston	51	James Ogilvie	60	David Mewse	61	Steven Hards	58
	17:37	17:37	36:10	18:33	55:12	19:02	1:14:25	19:13
59 East Kilbride AAC "B" (V)	David J. Condra	76	Derek Leitch	69	Gordon Colvin	66	Graeme Haddow	59
	18:23	18:23	37:06	18:43	56:14	19:08	1:14:34	18:20
60 Greenock Glenpark "A"	Daniel McLaughlin	79	Alan O'Rourke	63	Robert Wilson	60	Robert Mitchell	60
	18:37	18:37	36:30	17:53	55:08	18:38	1:14:39	19:31
61 Bellahouston RR "C"	Stewart Robertson	84	John Milligan	65	Kenneth MacBeth	62	Gordon Durnan	61
	18:51	18:51	36:43	17:52	55:18	18:35	1:14:43	19:25
62 Central AC "D"	Ian McDonald	73	Hugh Buchanan	70	Liam McCabe	63	Alan Hume	62
	18:18	18:18	37:18	19:00	56:00	18:42	1:15:14	19:14
63 Kilmarnock H "B" (V)	Alan Brydon	66	Graham Cairns	68	Leslie McDerment	67	Harald Bartl	63
	18:03	18:03	37:06	19:03	56:19	19:13	1:15:29	19:10
64 Springburn Harriers "A"	Joseph Chambers	72	Emilio Cosimo	54	Alan Hill	57	John Owens	64
	18:16	18:16	35:44	17:28	54:34	18:50	1:15:44	21:10
65 Motherwell AC "A"	Alan Tait	59	Brian McLinden	57	Michael Hampson	69	John Hughes	65
	17:48	17:48	35:52	18:04	56:53	21:01	1:15:50	18:57
66 Larkhall YMCA "A" (V)	John Dalton	86	Craig Douglas	77	Joe McCallum	71	Tom Ord	66
	19:02	19:02	38:10	19:08	57:07	18:57	1:16:10	19:03

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67 Westerlands CCC "A" (V)	Daniel Reid	56	Gibson Fleming	75	David Calder	83	David Riach	67
	17:43	17:43	38:03	20:20	1:00:14	22:11	1:16:50	16:36
68 Helensburgh AAC "A" (V)	Kevin Johnson	67	Paul Thompson	50	Andrew Henderson	77	Erwin Losekoot	68
	18:03	18:03	35:21	17:18	58:19	22:58	1:17:16	18:57
69 Garscube H "D"	James Taylor	87	Athole Smith	80	Dermot Williamson	68	Danny Price	69
	19:10	19:10	38:55	19:45	56:39	17:44	1:17:27	20:48
70 Corstorphine AAC "D" (V)	Michael Anderson	80	David Law	71	John Christy	76	Iain Cumming	70
	18:40	18:40	37:33	18:53	58:02	20:29	1:17:33	19:31
71 Fife AC "E"	Ken Berry	83	Graham Bennison	92	Ian Poolman	84	Nigel Fowler	71
	18:50	18:50	41:46	22:56	1:00:30	18:44	1:17:35	17:05
72 Bellahouston H "A"	Andrew Campbell	49	Campbell Joss	72	Mark Paterson	70	Anthony Quinn	72
	17:31	17:31	37:37	20:06	57:05	19:28	1:17:45	20:40
73 Calderglen H "B" (V)	Stephen Phimister	77	Jim Holmes	76	David Herbertson	75	George Stewart	73
	18:27	18:27	38:06	19:39	57:50	19:44	1:17:50	20:00
74 Ron Hill Cambus "D" (V)	Alexander Eaglesham	81	David Fairweather	84	Michael O'Hagan	78	John McPake	74
	18:42	18:42	39:53	21:11	58:37	18:44	1:18:32	19:55
75 Kilmarnock H "C" (V)	Kenneth Wales	94	William Duffy	85	David Mitchell	82	David White	75
	19:57	19:57	40:24	20:27	59:56	19:32	1:18:42	18:46
76 Glasgow Uni "B"	Steve Gray	65	Philip Arthur (J)	79	Aidan Robson	74	Fred Thomson	76
	18:01	18:01	38:35	20:34	57:40	19:05	1:19:07	21:27
77 Bellahouston H "B"	J Poole	98	Brian Douglas	86	Iain Burke	87	Graeme Gemmell	77
	20:34	20:34	40:28	19:54	1:01:32	21:04	1:19:45	18:13
78 Falkirk Victoria H "B" (V)	Kenneth Collins	63	John Martin	66	John Denholm	73	David Bunyan	78
	17:58	17:58	36:48	18:50	57:27	20:39	1:19:56	22:29
79 East Kilbride AAC "C"	Niall Walker (J)	75	Tom Yuill JNR	61	Edgar Ramage	80	Alan Mitchell	79
	18:18	18:18	36:15	17:57	59:23	23:08	1:20:37	21:14
80 Giffnock North "B" (V)	David Logan	97	Billy Clark	87	Rodger McEleney	85	Martin Myant	80
	20:25	20:25	40:51	20:26	1:00:38	19:47	1:22:46	22:08
81 Perth Road Runners "A" (V)	Simon Grieshaber	95	Derek Phillips	78	Colin Campbell	86	David Norrie	81
	19:57	19:57	38:14	18:17	1:00:58	22:44	1:22:58	22:00
82 Corstorphine AAC "E" (V)	David Henderson	93	Steven Blair	89	David Colman	88	Shaun Cavens	82
	19:39	19:39	41:04	21:25	1:02:48	21:44	1:23:05	20:17
83 Clydesdale Harriers "B" (V)	Brian J Campbell	92	John Foley	81	Robert Young	79	Peter Rudzinski	83
	19:37	19:37	39:12	19:35	59:07	19:55	1:23:20	24:13
84 Calderglen H "C" (V)	Graham Allan	104	Graham Lindsay	96	Ian Rae	89	Alan Cullie	84
	22:37	22:37	43:15	20:38	1:04:11	20:56	1:23:59	19:48
85 Fife AC "F"	Kenneth Mcleod	105	Douglas Gunstone	98	Alan McLeod	92	Frank McLaren	85
	22:52	22:52	44:41	21:49	1:05:45	21:04	1:26:23	20:38
86 Fife AC "C" (V)	D.Melville Scobie	89	Andrew Wright	94	Stewart Davidson	91	Eddie Sanders	86
	19:25	19:25	42:43	23:18	1:05:24	22:41	1:27:26	22:02
87 Fife AC "D"	Daryl Beggs	88	Steven Pennycook	83	Alastair Robertson	94	David Shepherd	87
	19:10	19:10	39:47	20:37	1:07:07	27:20	1:28:52	21:45
88 Central AC "F" (V)	David Hay	102	Alan Gall	95	John Millar	90	Cameron Campbell	88
	21:33	21:33	42:48	21:15	1:04:43	21:55	1:29:50	25:07
89 Bellahouston RR "D"	Norman Boyle	106	Douglas MacGregor	101	Ian Goudie	95	James O'Hara	89
	23:06	23:06	46:23	23:17	1:07:59	21:36	1:30:13	22:14
Edinburgh AC "D"	Nigel Munro	45	Dermot Bailie	58	Keith Dunlop	45		
	17:12	17:12	36:07	18:55	52:55	16:48		
Dundee Hawkhill "C"	David Hanlon	68	Stuart Kerr	62	Michael Galloway	53		
	18:07	18:07	36:17	18:10	54:01	17:44		
Garscube H "C"	Matt Sogbanmu	58	Robert McLennan	59	David W Dickson	55		
	17:48	17:48	36:08	18:20	54:28	18:20		
Hunters Bog T "C"	James Williamson	62	Paul Manson	67	Ian Campbell	72		
	17:56	17:56	37:02	19:06	57:22	20:20		
Corstorphine AAC "F"	Timothy Norwood	70	Nicholas Brown	82	Graeme Gow	81		
	18:09	18:09	39:31	21:22	59:50	20:19		
Kirkintilloch Oly "C" (V)	Christopher Craig	101	William Heirs	99	Jim McLoone	93		
	21:12	21:12	44:47	23:35	1:06:52	22:05		
Calderglen H "D"	Colin Banks	100	Russell Couper	100	Malcolm Buchanan	96		
	20:57	20:57	45:54	24:57	1:08:00	22:06		
Carnegie H "B"	Nicholas Weir	78	Stephen Greer	88				
	18:30	18:30	40:59	22:29				
Garscube H "B"	John Murray	91	Frank Krieves	90				
	19:31	19:31	41:19	21:48				
Lasswade AAC "B"	Alan McFadden (J)	96	Daryl Philip	91				
	20:17	20:17	41:42	21:25				

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Central AC "G" (V)	Philip Hendry	71	James Drummond	93
	18:12	18:12	42:36	24:24
Lothian RC "B"	Kenton Jones	64	David Mabon	97
	17:58	17:58	43:33	25:35
Kilbarchan AAC "B"	Paul Leck (J)	10		
	14:59	14:59		
V P Glasgow "B"	Kenneth Mitchell	41		
	17:00	17:00		
Gala Harriers "B" (V)	Alistair Laurie	85		
	18:58	18:58		
Ferranti AAC "A" (V)	Keith Weston	99		
	20:44	20:44		
Falkirk Victoria H "C" (V)	George Thomson	103		
	22:01	22:01		
Bellahouston H "C"	Stewart Collins	107		
	23:19	23:19		
Irvine AC "C"	Ian McManus	108		
	24:34	24:34		

Fastest Laps

1	Christopher MacKay - Inverclyde AC "A"	14:02
2	Alastair Hay - Central AC "A"	14:04
3	Tewoldeberhan Mengisteab - Shettleston Harriers "A"	14:08
4	Amanuel Hagus - Shettleston Harriers "A"	14:14
5	Tsegai Tewelde (J) - Shettleston Harriers "B"	14:25
6	Scott McDonald (J) - Central AC "A"	14:28
7	Robert Russell - Central AC "A"	14:30
8	Douglas Selman - Corstorphine AAC "A"	14:33
9	Conor McNulty - Kilbarchan AAC "A"	14:34
10	Robert Quinn - Kilbarchan AAC "A"	14:37
11	Paul Sorrie - Shettleston Harriers "A"	14:39
12	Michael Gillespie (J) - Edinburgh Uni "A"	14:40
13	Robert Gilroy - Ron Hill Cambus "A"	14:41
14	Steven Cairns - Hunters Bog T "A"	14:46
15	Derek Hawkins (J) - Kilbarchan AAC "A"	14:46
16	Ross Houston - Central AC "A"	14:53
17	Craig Ruddy - Inverclyde AC "A"	14:58
18	Alexander Hendry (J) - Central AC "B"	14:59
19	Paul Leck (J) - Kilbarchan AAC "B"	14:59
20	Mark Haskett (J) - Aberdeen AAC "A"	14:59
21	Graeme Hyett - Inverclyde AC "A"	14:59
22	Matthew Gillespie (J) - Glasgow Uni "A"	15:00
23	Sean Reilly (J) - Central AC "B"	15:01
24	Andrew Douglas - Glasgow Uni "A"	15:04
25	John Newsom - Pitreavie AAC "A"	15:06
26	Craig Robertson - Pitreavie AAC "A"	15:07
27	Andy Little - Shettleston Harriers "D" (V)	15:10
28	Tsegezab Woldemichael - Shettleston Harriers "A"	15:11
29	Stephen Wylie - Ron Hill Cambus "A"	15:11
30	Murray Strain - Hunters Bog T "A"	15:12